

Gummi Bear January Newsletter 2024



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Dear Families:

We hope that everyone enjoyed the holidays with their families and friends. Thank you so much to everyone who were so generous. We enjoyed all the gifts.

January is a cold month but we still go outside. We can't wait for some snow so we can go out and play in it. Please make sure that your child has snow pants, boots, hat, and mittens so they can partake in all the cold weather fun.

UPCOMING EVENTS

1/1 Closed for New Years

1/8 Roslyn Library Storytime

1/9 Gummi Bears first day for Gym Class

1/10 Hot Chocolate Day

1/15 Martin Luther King Jr. Day
Abington School District Closed

1/17 National Popcorn Day

1/23 Donuts, Coffee, Breakfast
Sandwiches Fundraiser

1/31 Food Drive Starts

REMINDERS

Please remember to bring in a hat and pair of mittens when you drop off, we go outside twice a day weather permitting. We can keep these in your Childs cubby if you want.

Please **LABEL** all of your child's belongings.

Check out **INCH BUG** for personalized labels.

THEMES FOR THE MONTH

[Snow](#)

[Arctic Animals](#)

[Friendship](#)

[Manners](#)

[Community Helpers](#)

BOOKS FOR THE MONTH

[Snow Dance](#)

[Arctic Antics](#)

[Get Happy](#)

[Manners at School](#)

[Trashy Town](#)

SIGN LANGUAGE

[Snow](#)

[Book](#)

[Friend](#)

[Thank You](#)

[Help](#)

BIRTHDAYS

Alazne 1/2

Everly 1/18

Dean 1/29

PARENT TIPS

friends



snow



jage.com



lge.com



POTTY TRAINING TIP OF THE MONTH

If you have to go potty STOP! and go right away!

Watching a cartoon potty training video, or reading a silly potty training book are fun ways for them to learn about potty training

PARENT TIPS

"What Does Recent Research Say About a Good Bedtime Routine for Children?" A recent University of Manchester study has scientifically defined for the first time what constitutes a good bedtime routine for children between the ages of 2 and 8. It identifies 6 key areas and devises two different ways of scoring bedtime routines: one which measures a single routine and the other for activities over 7 days. Read more at

<https://neurosciencenews.com/child-bedtime-routine-17890>

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Center Wide News:

Happy New Year to everyone!

We do go **outside twice every day for an hour** if the temperature is 25 degrees or above so ***PLEASE dress your child accordingly.*** Since children/infants do not wear a coat when in a car seat please make sure that you bring in a coat for them for when they go outside. ***If you have a spare coat, leave it here in their locker with a hat and mittens so they are always prepared for outside fun.*** If there is (any) snow we will go sledding so boots and snow pants are a must. This includes toddlers to school age children. If we can get the strollers out, the babies go out too!

Thank you to those who participated in our Holiday Shop and to all the families who were so kind to all of us over the holidays (the teachers and office personnel). Your generosity is very much appreciated!

Summer Camp paperwork will be available the week of January 2nd. Children in **K-6th grade must register** for camp even if they are part of the school age program. Paperwork is available on our [website in the Parent Nook under forms.](#)

Important Safety Rules to Teach Your Children can be found on this website. Some information is common sense but it doesn't hurt to be reminded of what we as parents need to be teaching our children.
<https://www.safehome.org/resources/child-safety/>

www.DayCareCentersInc.com