

# FINGER FOODS FOR BABY



MASHED SWEET POTATO



PEAS



ROASTED ZUCCHINI



AVOCADO



SQUASH



BLUEBERRIES



RASPBERRIES



BANANA



PEANUT BUTTER PUFFS



PUFFS



TOFU



SALMON



MEATBALL



SHREDDED CHICKEN



PANCAKE



STEAMED CARROTS



CHOPPED STRAWBERRIES



CHOPPED BANANA



RIPE MELON



STEAMED CAULIFLOWER



CHOPPED GRAPES



STEAMED BUTTERNUT SQUASH



OMELET



SMASHED CHICKPEAS



RIPE PAPAYA

Add only 1 new food a week!

# BABY FINGER FOODS



RASPBERRIES



MANGO



BANANA



ZUCCHINI



TOFU



CHEESE



CEREAL



CARROTS



PASTA



EDAMAME



BLACK BEANS



AVOCADO



STRAWBERRIES



PEAS

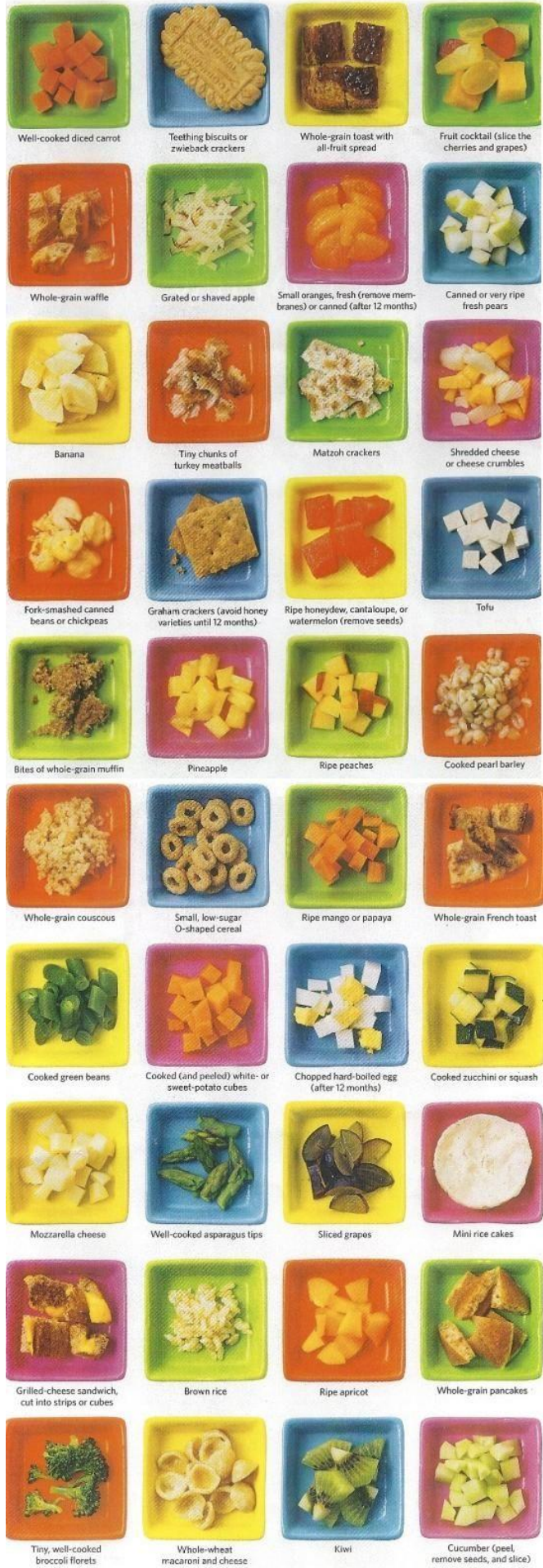


PEACHES

Add only 1 new food a week!



# Finger Foods for Babies



Add only 1 new food a week!